



7<sup>th</sup> EDITION

# KARACHI OPEN 2026

TAEKWONDO CHAMPIONSHIP  
SCHOOLS - PAIR & TAG-TEAM



THE ULTIMATE  
TAEKWONDO  
EVENT OF  
KARACHI

**JAN - FEB**  
**31<sup>st</sup> - 1<sup>st</sup>**





7<sup>th</sup> EDITION  
**KARACHI  
OPEN 2026**

**Respected Academy/Club Owner,**

On behalf of the **TAEKWONDO KARACHI (TK)** we are pleased to invite you, your team officials and your athletes to participate in the: **KARACHI OPEN TAEKWONDO CHAMPIONSHIPS 2026 (7<sup>th</sup> Edition)** to be held at Sindh Youth Club, Gulistan-e-Jauhar, Karachi on **31<sup>st</sup> Jan & 1<sup>st</sup> Feb 2026**. The event will be held in collaboration with **Karachi School of Taekwondo** and under supervision of **Sindh Taekwondo**.

We offer high quality management, organization and competition with only the best international/national professionals and officials in order to guarantee high level transparency, fair play and impartiality for the athletes.

The details of the national event are enclosed with this letter. **Please note that in order to offer a high quality and well managed championship we will close the registration on 24<sup>th</sup> January 2026.**

TK & ST Core Team will be honored to welcome you, officials, coaches and athletes. We hope that you will enjoy the championship.

For more details, kindly contact:

Fasihuddin – 0333-3162458    Saqib Ikram – 03515-9579637

With best regards,

**M. Faraz Usman**  
President Taekwondo Karachi

2026

THE ULTIMATE TAEKWONDO EVENT OF  
KARACHI



7<sup>th</sup> EDITION  
**KARACHI  
OPEN 2026**

**Supervised By**  
**Sindh Taekwondo**

**Organized By**  
**Taekwondo Karachi**

**Collaboration With**  
**Karachi School Of Taekwondo**

**1. DATE OF COMPETITION:** Sat 31<sup>st</sup> Jan & Sun 1<sup>st</sup> Feb 2026

**2. COMPETITION VENUE:** Sindh Development & Youth Center, Block 15,  
Gulistan-e- Jauhar, Karachi.

### **3. EVENTS:**

#### School Students Championship

600+ students of 20+ schools b/w 5 yrs to 14 yrs old for both boys & girls; only white, yellow, orange & green belts

#### Cadets Championships

Male Pair

Female Pair

1 pair each by an affiliated club b/w 12 yrs to 15 yrs old; Males to be b/w 32kg to 50kg; Females to be b/w 26kg to 45kg; Max 16 pairs(male) & 12 pairs(female) acceptable; Red belt and/or Poom Black belts only

#### Tag Team Championships

Male Team Female Team

15+ yrs old; Black belts only; 1 male & females team by each affiliated club, Max 12 teams(male) & 10 teams(female) acceptable; Male weights to be b/w 50kg to 72kg; Female weights to be b/w 42kg to 60kg

#### Poomsae Championships

Males and Females

5 yrs to adults(18+ yrs old); 1 participant in each category by an affiliated club; from yellow belt to above(also Dan holders)

**4. NO. OF PLAYERS/OFFICIALS:** Players / Officials will be as under  
Team Manager x 1 Team Coach x 2  
Athletes (As per the instructions and entries format provided)

### **5. AWARD PRESENTATION:**

- Medals for 1<sup>st</sup> three position holders.
- Certificates for all the participants.
- Team trophies for top 4 Teams jointly calculated from males, females, pairs & tag-teams

2026

THE ULTIMATE TAEKWONDO EVENT OF  
KARACHI



7<sup>th</sup> EDITION  
**KARACHI  
OPEN 2026**

## 6. CLOSING DATES FOR ENTRIES & DRAWING LOTS:

- All Participating teams must share their entries list on attached format **latest by 24<sup>th</sup> Jan.**
- Drawz will be made 1 day prior to the event,
- Entries shared after closing date will not be accepted neither will be included in the Drawz

## 7. ENTRY FEES, DEADLINE DATE & SUBMISSION:

The entry fees will be:

- Pair Championships – Rs. 1500 per pair
- Tag-Team Championships – Rs. 4000 per team
- Poomsae Championships – Rs. 750 per player.
- **List of Entries must be submitted on or before 24<sup>th</sup> Jan 2026 along with full fees:**

1. By **Bank Account**

0105-0100059850(M. Faraz Usman)



2. By **Easy Paisa**

0301-5426410 (M. Faraz Usman)



3. By **Cash**

## 8. REFEREES/JUDGES:

One Referee/Judge will be nominated by each participating province. Remaining all referees will be nominated from Sindh.

## 9. LIBILITIES:

Each participating team is fully liable for sustained injury to their pertinent contestant during the event of participation. However, the organizer will ensure the safety and provision of First Aid.

## 10. MEDICAL CONTROL:

Uses of any drugs or chemical substances are strictly prohibited; offences shall be subjected to the disciplinary action as per the Anti-Doping Rules & Regulation Committee of Pakistan

## 11. DISCIPLINE:

Misconduct of any Team Official / athlete with Jury, Referee & organizers will be officially reported to the concern District. Immediately, the Officials and Athletes will be barred to participate further in the event. All Team Managers will be responsible for the conduct of the respective teams. Any three of the under mentioned will be Competition Supervisory Board: -

- 1) Khurram Rasheed Khan 2) M. Faraz Usman 3) Noor Ahmed 4) Kamran Qamar 5) Saqib Ikram



7<sup>th</sup> EDITION  
**KARACHI  
OPEN 2026**

---

## 12. PAIRS CHAMPIONSHIP DETAILS:

- Players only 11 yrs to 15 yrs old having Red or Poom Black belt can participate.
- **Male Pair** means 2 male players per pair. Players will compete with each other in the Individual rounds of 1 mint each. Both players of each Team will fight against each other. It means total 4 rounds of 1 mint each. The winner pair will be declared after the calculation of points of all the rounds. Maximum of 4 Gam Jeoms are allowed in each Individual round and total maximum up to 14 Gam Jeoms in the whole contest. If any player is knocked-out in any round, the opponent pair will be declared winner.
- **Female Pair** means 2 female players. Players will compete with each other in the Individual rounds of 1 mint each. Both players of each Team will fight against each other meaning total 4 rounds of 1 mint each. The winner pair will be declared after the calculation of points of all the rounds. Maximum of 4 Gam Jeoms are allowed in each Individual round and total maximum up to 14 Gam Jeoms in the whole contest. If any player is knocked-out in any round, the opponent pair will be declared winner

## 13. TAG-TEAM CHAMPIONSHIP DETAILS:

- Players only above 15 yrs old having Black Belt can participate
- Male and Female Tag-Team means 4 players per team. Players will compete with each other in the Individual Round of 1 minute each. Then Tag round of 3 mints will be played in which every player has to play minimum 30 seconds. A player can be tagged out after spending at least 15 seconds in the playing area. The winner pair will be declared after the calculation of points of all the rounds. Maximum of 4 Gam Jeoms are allowed in each Individual round and 14 Gam Jeoms in the Tag Round. Fight will be finished if any player is knocked-out in the Tag Round

## 14. POOMSAE CHAMPIONSHIP DETAILS:

- -5-8 yrs Ind. Male and Ind Female Poomsae – Yellow/Orange -- Taeguek-2 & 3
- 9-14 yrs Ind Male and Ind Female Poomsae -- Green/Blue -- Taeguek-4 & 5
- 15-18 yrs Ind Male and Ind Female Poomsae – Red/Black -- Taeguek 6, 7 & 8
- 18+ yrs Ind Male and Ind Female Poomsae – Red/Black -- Koryo, Keum Gang, & Taeback.

## 15. PROTEST:

The protests can be lodged during the competition within 10-mints of the disputed fight/match. The protestor has to bring the ample proof (video)with the written protest on the matter emphasizing the time in the video. Protest Fees is Rs. 2000/ and will be returned if the protest is found valid



**16. CONDITION FOR PARTICIPATION:** (Criteria of Participation in the Championship)

- All the teams must be submitted by the Deadline Date in the softcopy (MS-Excel) with Fees. One club instructor/owner will communicate with the organizers only
- Pair Championship will be introduced for the first time, hence some confusions might occur. The Coach/Manager must be accommodating and ready to accept.
- Each club can participate with one pair/team/player in each of the mentioned championships/categories. A kyoruge player can participate in poomsae also
- A club/academy with branches can join together to form a team.

**PROGRAMME SCHEDULE**

\* **JAN 24<sup>th</sup>:** Submission of entries on **MS-Excel sheet** on WhatsApp (0301-5426410, 0333-3162458) or email at [faizee02@yahoo.com](mailto:faizee02@yahoo.com). Fees to be submitted through easy paisa or thru bank account as mentioned.

\* **JAN 30<sup>th</sup> Friday:** **Meeting at 8.30pm at Venue** -- Coaches/Managers Meeting

**JAN 31<sup>st</sup> Saturday**

- \* 2.30pm to 2.45pm Report at the arena
- \* 2.50pm to 3.20pm Line-Up & Opening for Poomsae Championships
- \* 3.30pm to 4.45pm All Poomsae for 5-8 yrs & 9-14 yrs old males & females
- \* 4.50pm to 5.15pm Medal Ceremony
- \* 5.30pm to 6.45pm All Poomsae for 15-18 yrs & 18+ yrs old males & females
- \* 6.50pm to 7.20pm Medal Ceremony
- \* 7.30pm DAY-1 CLOSE

**FEB 01<sup>st</sup> Sunday**

- \* 8.55am to 9.20am Report at the Venue for the Pairs and Tag-Team Event
- \* 9.30am to 1.15pm All matches of Pairs Championships (Male, Female)
- \* 1.15pm to 2.30pm Zuhr & Lunch Break
- \* 2.35pm to 6pm All matches except Finals of Tag-Team Championships
- \* 6pm to 6.20pm Maghrib Break
- \* 6.30pm to 7.10pm Guest Arrival & Last 2 Finals
- \* 7.15pm to 7.50pm FINAL AWARD CEREMONY
- \* 8pm EVENT CLOSE