

ORGANIZED BY:



APPROVED BY:



COLLABORATION WITH:



SINDH INTER SCHOOL TAEKWONDO CHAMPIONSHIP - 2ND EDITION

#Sindh Taekwondo #Taekwondo Karachi

RESPECT
DISCIPLINE
FOCUS
SUCCESS
ON THE MAT, IN LIFE.



17TH
OCTOBER
2026



COMPETE
with the best



BUILD
character



EARN
recognition



INSPIRE
the future

STRATEGIC PARTNER:



OUR SUPPORTERS:





The Headmistress / Principal

Karachi.

Subject: Invitation of Sindh Inter-School Taekwondo Championships 2nd Edition 2026

Dear Principal,

We are glad to invite you/your School/Academy in the **Sindh Inter-School Taekwondo Championships 2nd Edition 2026**. The event will be held on **Saturday, October 17th, 2026**. The venue of the competition is **Pakistan Sports Board, National Coaching Center. Karachi.**

The details for the said event are attached with this invitation letter. For more information or for any query, please contact the undersigned.

Your active participation and cooperation will be necessary to organize the event successfully.

Kind Regards,

Kamran Q. Qureshi
Organizing Secretary
Founder – FK's Taekwondo
0300-9200192



THE F.K'S TAEKWONDO & FITNESS ACADEMY

DOJANG

Khan Liaquat Ali Khan
Sports Complex,
F.B. Area, Block-15,
Karachi. 75900

POSTAL ADDRESS:

House No. L-154
Gulshan-e-Mustafa
F.B. Area, Block-15,
Karachi. 75900

EMAIL ADDRESS:

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CONTACT:

0300-920 0192
0301-542 6410

SINDH INTER-SCHOOL TAEKWONDO CHAMPIONSHIP 2026 (2ND EDITION)

EVENT DETAILS / RULES & REGULATIONS

1. Event Date & Time:

Saturday 17th October 2026 (07:30 am 3:00 pm)

2. Event Venue:

Pakistan Sports Board, National Coaching Center. Karachi.

3. Team Entries:

Team Manager	01	Team Coach	02
Team Captain	01	Contestants	as many

4. Weight divisions:

-12 kg	- 14 kg	- 16 kg	- 18 kg	- 20 kg	- 22 kg
-25 kg	- 28 kg	- 31 kg	- 34 kg	- 37 kg	- 40 kg
-44 kg	- 48 kg	-52 kg	- 56 kg	- 60 kg	-64 kg

5. Award Presentation:

- Medals for All participating players will get 1st and 2nd placed.
- Certificates for all participants.
- The top 5 teams will receive team trophies.
- Participation Shields for each school.
- Best Discipline Trophy
- Fair Play Trophy

6. Contest Fees:

Rs. 1500/- for individual.

7. Competition:

This is an individual competition for all belts.



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EVENT DETAILS / RULES & REGULATIONS

8. Closing dates for entries and payment submission:

Closing/Last date of submission of forms is Friday, 9th October, 2026.

Account Details for Payment Submission:

Account Title : SINDH TAEKWONDO
Account No. : 0133-0105141314
IBAN : PK54MEZN0001330105141314
Branch : MEEZAN BANK WATER PUMP BRANCH
EASYPISA : 0321-9200194
JAZZCASH : 0300-9200192

9. General Regulations:

Fights will be played as under:

BELT	NO. OF ROUND	TIME OF EACH ROUND	BREAK B.W ROUND
WHITE/YELLOW	1	1.5 min.	-
GREEN	1	1.5 min.	-
BLUE	2	1.5 min.	30 sec.
RED	2	2 min.	30 sec.

- In case of equal points, the decision will be given on superiority basis. There will be no extra round under any circumstances.
- After the 03 calls of the contestant, if the participant unable to come inside the arena, the opponent will be declared as winner (Walk Over).
- Protest can be lodged with a written application and Rs. 5000/- within 15 min. of the disputed fight.
- The decision of the Jury will be final.
- All the team instructors/coaches & contestants are requested to follow the timings strictly.



SINDH INTER-SCHOOL TAEKWONDO CHAMPIONSHIP 2026 (2ND EDITION)

PROGRAME TIME TABLE

DATE	TIME	PROGRAME
Friday, 16 th October	08:00 pm to 10:00 pm	Coaches Meeting at the Venue i.e. National Coaching Centre, Pakistan Sports Board, Karachi
Saturday, 17 th October	07:30 am to 7:45 am	Arrival of teams at the venue
	07:45 am to 08:15 am	Line-Up, Qirat & Opening.
	08:30 am to 11:45 am	Completion of all Belt- Age 4 to 10 yrs Class KG to 5 (Boys & Girls)
	12.00 pm to 12:30 pm	Refreshment & Prayer Break
	12.30 pm to 02:30 pm	Completion of all Belt-Age 11 to 14yrs Class 6-8 (Boys & Girls)
	02:00pm	Arrival of Chief Guest
	03:00pm	Final Prize Distribution & Closing Ceremony



